



OCTOBER 2022

Staff Menu



BREAST CANCER AWARENESS MONTH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH 11:00 A.M. - 1:00 P.M. DINNER 4:30 P.M. - 6:00 P.M.		Columbus Day - Oct. 10 National Emergency Nurse's Day - Oct. 12 National Pharmacy Technician Day - Oct. 20 International Chef's Day - Oct. 20 Halloween - Oct.31				1 Cook's Choice Soup of the Day
2 Cook's Choice	3 Chicken Tenders Potato Wedges Green Beans Sloppy Joe Chicken Mushroom Soup Chocolate Cake	4 Bacon Cheddar Burger Ranch Chicken Casserole Lima Beans Beef and Cheddar Sand. French Onion Soup Angel Food Cake	5 Taco Salad Refried Beans Mexican Rice Chips & Queso Creamy Chicken Sand. Tomato Basil Soup Brownies	6 Chicken & Noodles Mashed Potatoes Corn Patty Melt Vegetable Soup Snickerdoodles	7 Pizza Bosco Sticks Peas BBQ Beef Sandwich Broccoli Cheese Soup Apple Pie	8 Cook's Choice Soup of the Day
9 Cook's Choice	10 Hot Dogs Hamburgers French Fries Cole Slaw Chicken Wild Rice Soup Peanut Butter Pie	11 Shrimp Onion Rings Mozzarella Sticks French Fries Corn Dogs Potato Soup Chocolate Cake	12 Ribs Baked Potato Baked Beans Chicken Salad Sandwich Stuffed Pepper Soup Rice Krispy Treats	13 Smothered Chicken Breast (onions peppers mushrooms cheese) Hashbrown Casserole California Blend Veg. Mushroom Swiss Burger Chili	14 Corned Beef & Cabbage Roasted Red Potatoes Green Beans Bratwurst Creamy Carrot Soup Blonde Brownie	15 Cook's Choice Soup of the Day
16 Cook's Choice	17 Lasagna Bosco Sticks Cauliflower Grilled Chicken Sandwich Corn Chowder M & M Cookie	18 Roasted Pork Loin Glazed Sweet Potatoes Harvard Beets BLT Wrap Hodge Podge Soup Spice Cake	19 Beef Stroganoff Noodles Brussel Sprouts Deli Sub Mexican Pork & Bean Soup Apple Pie	20 Salisbury Steak Mashed Potatoes & Gravy Carrots Breaded Chicken Sandwich Apple Pie	21 Baked Pork Chops Stuffing Spinach Grilled Cheese Tomato Soup Pear Cobbler	22 Cook's Choice Soup of the Day
23 Cook's Choice	24 Hawaiian Chicken Rice Green Beans Fried Bologna Sandwich Cheeseburger Soup Lemon Bars	25 Smoked Sausage Mac & Cheese Cauliflower Tuna Salad Sandwich Vegetable Beef Soup Texas Sheet Cake	26 Beef Rice & Mushroom Casserole Peas & Carrots Fish Sandwich Mushroom Soup Pumpkin Pie	27 Oven Fried Chicken Mashed Potatoes & Gravy Cream Style Corn Beef Barley Soup Fruit Crisp	28 Salmon Patties Home Fries Broccoli Turkey Club Wrap Italian Sausage Soup Chocolate Soup	29 Cook's Choice Soup of the Day
30 Cook's Choice	31 Goulash Carrots Dinner Roll Burgers Chicken Noodle Soup Chocolate Chip Cookie	October Culinary Observances: 1. Natl. Homemade Cookie and Coffee Day 6. Natl. Noodle Day 12. Natl. Dessert Day		15. Natl. Mushroom Day 16. World Food Day 17. Natl. Pasta Day 20. Natl. Apple Day 24. Natl. Bologna Day	26. Natl. Pumpkin Day 28. Natl. Chocolate Day 30. Natl. Breadstick Day	